

## Angels

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## Receiving Angelic Help

As long as you are coming from your heart and really mean what you say and desire what you ask for, "for the highest good of all concerned" there is no right or wrong way to talk to the Angels. However you feel suits you best is the way you should go forward. Your guardian angel is always listening to you but you have to ask for help. They are not allowed to help you without your express permission. Any time of day or night is acceptable to them.

You just need to concentrate your energy on sending your message and then let it go and await a reply. People often say the prayer is asking and meditation is listening to the reply. But in my experience replies come in many different ways such as books, music, voices in your head, people coming into your life, advertisements in publications you may not usually read, the variety of ways in endless.

Angels are not human and never have been (with some exceptions of course). They represent qualities of energy and have been around a very long time. They appear in all parts of the world and all modern religions as messengers from God (Universal Creator) to us. Because of this they have had lots of different names in different parts of the world at different times therefore you do not need to worry too much about names just ask for the quality of the energy you want in your life, such as love, security, abundance, joy, laughter, forgiveness etc.

There is information on this site of many angels and this will expand continually. If you want to learn how to connect to any of the angels you can do so through my CD Tuning In to Spirit Guides and Angels and shortly there will be a home study course giving you everything you ever need to know about the angels and how to connect to them and how they can help you in your life.

## Connecting to an Angel

Many people ask me how they can connect to their **guardian angel**. There are many ways. I find the easiest way is to use visualization techniques and meditation. When I do workshops everyone tells me they connect and feel the energy of their **guardian angels** which is why I have created the CDs to make it easier for everyone. Angels live at the 5th dimension and to make a really good connection it is best to raise your own vibrations to that dimension which is what you do with the CDs. Psychic Medium, Clairvoyant Gold Coast, Queensland

But if you do not have a cd player or not know how to raise your vibrations and you wish to try for yourself then here is a very simple method. You do not have to know the name of the angel you are inviting into your life just the quality you want. So for this example we will ask for the Archangel of Joy & Laughter, who happens to be **Ramaela**.

1. Sit down, relax and focus on your breathing. Breathing out everything you do not need. Imagine all problems being left in a basket at your feet.
2. in your mind just ask for the archangel you want three times. So in this example you would say. I ask for the archangel of joy and laughter, archangel of joy and laughter, archangel of joy and laughter. If you know the name then, Archangel Ramaela, Archangel Ramaela, Archangel Ramaela.
3. Then actively using your imagination - imagine an angel coming towards you and putting her wings around you. Imagine how you are feeling. Feel the joy and laughter entering into your body. Revel in the feelings you are receiving.
4. Talk to Ramaela if you wish. Ask her what you need to notice in your life to feel more joy.
5. Then when you have finished bring yourself gently back into your room.
6. Start to notice what odd funny joyous things happen during your day.

Try it and see because you have nothing to lose.

## **Guardian Angel**

Or if you prefer below is a short meditation to connect to your guardian angel. I would suggest you put it on tape first. I have never been able to read, meditate and visualize all at once but if you can go ahead. Remember to speak slowly and clearly and focus on your breathing.

### **Meditation to connect to your Guardian Angel.**

There is no right or wrong way to connect to your guardian angel for the first time. You need to be comfortable and relaxed, with your body well supported. I like to play some soft music in the background, light a candle and some relaxing incense or oil.

You must find time when you will be completely undisturbed. Turn off the telephone to ensure no interruptions. Allow approximately half an hour the first time you do the exercise. Everyone is different and if you meditate a lot you should have no trouble but if you are new to meditation and relaxation then first tense each part of your body and then relax it. Feel your body become warmer and more relaxed.

Breathe deeply at least 9 deep breaths, breathing in peace and light and breathing out all tension and negativity from your body. Say to yourself "with each breath that I take I become more and more relaxed". You will feel your body becoming heavier and heavier or lighter and lighter.

You are warm and deeply relaxed. You find yourself in a beautiful place, somewhere out in nature. This can be an imaginary place or a place you know and love and feel very safe in. Where-ever it is, it is exactly right for you. Become aware of how safe and happy and excited you feel. To one side you see a path, this path may go up, or it may go down, but you drift towards this path and follow it. You know that at the end of this path you will come to a place where your guardian angel is waiting to meet you. You follow this path along lightly and

happily, noticing what the path is like. Is it easy to follow, is it wide, narrow, steep, does it go through woodland, or open spaces, is a long path or a short path. As you pass you notice this path represents your life, you feel more and more happy. Ahead is a bend and you know that around this bend is where you are going to meet your guardian angel. Follow the path. Notice where you are. Notice the energy around you, what can you see, smell, hear, feel, sense. Feel the unconditional love your angel has for you. Your angel is there, if you cannot see anything, colour or form and need to then ask that they appear in your imagination, allow your imagination to make a representation of everything you sense. Then spend some time talking to your guardian angel. Listen to what they have to say. Ask for the help you need. Listen to the responses, if you hear nothing then know that the information will be coming to you in many ways over the next few days. Know that you can return to this place anytime you wish in the future. Rest with you guardian angel and when you are ready gently return along your path, notice how different you feel now how it has changed. Gently return to consciousness. Have a glass of water to ensure you are completely grounded. Well done.

Archangel  
Michael

### **Meaning of Michael**

Who is like God

### **Colour**

Blue Gold - Archangel Michael is often depicted with a sword, holding the scales of justice or carrying a blue cloak of protection

### **Message**

He is the angel of truth courage and protection. He gives you the courage to be honest with yourself. Archangel Michael is letting you know that he is here to protect you physically, emotionally and spiritually. He wants you to know that you are safe and secure in his powerful presence.

Choosing Michael can indicate that there are some changes (job, relationship or so on) that you need to make in your life. Whatever obstacles stand in your way Michael will fill you with courage and strength to make these changes.

Michael is the symbol of truth and he urges you to look deep inside yourself to discover your true nature and be true to yourself. You can also ask him to cut any ties that bind you to others, or negative emotions, past, present or past life to help you let go and move on.



Michael gives us the courage to face any obstacle, no matter how insurmountable it may seem. Such as mental strain, emotional strain (ie relationships), life is not worth living, addictions, or suffering from a terminal illness. You can ask Michael to give you courage to face the future whatever is happening in your life. Michael helps us to follow our truth without compromising our integrity. He helps us to find our true natures and to be faithful to who we really are. He can give assistance in many situations. If you are afraid to tell the truth, if you are not facing the truth, if you are not being true to yourself, if you do what others want regardless of what is right for you. He brings you help, strength and calm to cope with the crises of everyday life. He can also rid you of old programming and thought patterns.

He is the angel of the south and governs the element of fire.

### **Related Chakras**

- [5th Throat - Communication - Blue](#)
- [3rd Solar Plexus - Personal Power - Yellow](#)

### **Aromatherapy Oils**

Cypress, Eucalyptus, Myrrh, Rosemary, Sage, Black Pepper, Palmarosa, Bergamot, Camomile, Lemon, Neroli

### **Crystals**

Blue Lace Agate, Blue Calcite, Tigers Eye, Aquamarine, Turquoise, Lapis Lazuli

### **Affirmation to Archangel Michael**

Archangel Michael please Help me,  
keep me from all harm,  
give me the courage to be honest with myself  
and to recognize and speak my truth.

Archangel  
Gabriel [| Print |](#)

## Meaning of Gabriel

God is my strength - Communication

## Colour

White / turquoise

## Message

Gabriel is the messenger angel and is responsible for communication. This can be within you and with others. Gabriel helps us to find our true calling. Ask for Gabriel's guidance if you, wish to understand your life's purpose, if you feel you have strayed from your soul's pathway, if you can find no reason for being, if there are changes ahead and you need guidance, if you are contemplating a house move or major purchase, thinking of changing career, or considering starting a family. Gabriel is indicating that he is always there for you to guide you through the changes that lie before you. If you feel unfulfilled or dissatisfied with life Gabriel is here to help you discover your soul pathway. Ask his guidance. Gabriel embodies the quality of purity



Gabriel can bring messages to you just as he did to the Virgin Mary. Gabriel is also credited with inspiring Joan of Arc in her mission and for dictating the Koran to Mohamed. Contact Gabriel if your third eye is closed and your spiritual vision blocked, if you wish to receive angelic guidance regarding the direction you are going in, if you need help in interpreting your dreams and visions. Gabriel can be asked cleanse and purify which may need to be done to make way for necessary changes. Call on Gabriel if your body is full of toxins and needs purifying, if your emotions need clearing, if your thoughts are negative and need transforming, if you have been assaulted and feel dirty, if your home or work environment feels negative, if you have absorbed someone else's problems. He is angel of the west and governs the element of water.

## Related Chakras

- [2nd Sacrum](#)

## Related Emotional Issues

Sensuality, intimacy, possession, creativity

## Related Health Issues

Kidney, bladder, prostate

## **Aromatherapy Oils**

Carrot seed, dill, geranium, hyssop, jasmine, marjoram, neroli, rose, sandalwood

## **Crystals**

Amber, carnelian, citrine, golden labradite (orange sunstone) orange calcite, topaz

## **Prayers to Archangel Gabriel**

Gabriel please guide me along my life's journey,  
connecting me to my soul's pathway.  
Lead me through the changes that lie ahead,  
and cleanse my emotions of negativity  
reveal to me the meaning of my dream so I may better understand myself and your messages.

Archangel

Micah

## **Meaning**

Divine Timing

## **Colour**

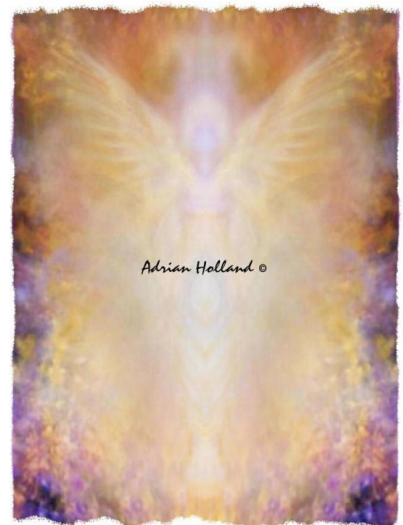
Pale Orange

## **Message**

Everything comes to he who waits. Ask Micah to help you acquire patience. Ask him to help you find your way towards your life's purpose. He is available to you at all times. Go into yourself and meditate, ask him to show you the way forward at this time and then trust that the way will be shown. We cannot always go forward at the speed we would like, we need to allow time for ourselves and those around us to grow and become who we are meant to be.

Archangel Micah can look into the Akashic records and allow what is meant to be into your awareness. This comes through to you in your imagination or as ideas or messages you receive through music, people being introduced to you, book recommendations etc.

Everything will happen at exactly the right time for everyone's highest good and that means we often have to be patient. This means that some pieces of the puzzle must first be put in place



before others can come to fruition.

Pay attention to doors that open and those that shut for you at present for all experiences will be important to you in the future. Nothing happens by chance, everything is working towards a divine plan in which you have the lead role.

Ask Micah to show you the way and then follow the signs that come to you. If something seems blocked remember it is perhaps just that the time is not right yet and there are other things you need to achieve first, a piece of the puzzle needs to be collected along the way. Trust that you are exactly where you are supposed to be right now.

### **Related Chakra**

2nd Sacrum

### **Related emotional issues**

Self-esteem, trust in life, indecision

### **Related health issues**

Leg and knee problems

### **Aromatherapy oils**

Grapefruit, rosewood, neroli, sandalwood

### **Crystals**

Labradorite, orange calcite, gold jasper

**Archangel  
Pheul**

**Meaning**

Lord of Water & the Moon

**Colour**

Aquamarine, Blue

**Message**

This is the card of emotional tranquility and stability. Gabriel governs water and emotions and Pheul works with him. The moon represents illusion (it has no light of its own it is but a reflection of the sun) but it has power over water on earth such as the tides in the oceans.



Using water to cleanse yourself and your aura is an important part of your growth. For instance, whenever you are bathing or showering or swimming you can ask Pheul to cleanse you and your aura of all negativity. Use the healing power of water to calm and balance your emotions and those of others. We are after all 80% water.

Use the power of water to let go of past negative emotions, imagine them going down the drains and back to the sea to be transformed back into positive energy by the eternal tides.

Ask Pheul to help you search within and let go of any illusions and surrender and release past emotions. Everything you release will be replaced with something more wonderful than you could imagine and you will be healed. The more tranquil you are within yourself the more calm and secure your life will be.

Ask Pheul to bring emotional harmony into your life thus enabling you to bring emotional fulfillment to yourself and others.

**Related Chakra**

2nd Sacrum, 3rd Solar Plexus, 4th Heart

**Related emotional issues**

Turbulent emotions

**Related health issues**

Anxiety, depression, gynecological problems



## **Aromatherapy oils**

Rose, sandalwood, lavender,

**Crystals** Malachite, aquamarine, blue topaz

Archangel  
Melchisadec

### **Meaning**

Prince of Peace & Light, Spiritual Awakening

### **Colour**

White or Silver (All colour rainbow)

### **Message**

Melchisadec is often known as the father of the angels. He brings you pure white light, the symbol of purity and wholeness. This suggests you are completing the healing and opening of your physical chakras and are moving towards the next level of your spiritual awakening.

You are coming into a time of balance and wholeness between the physical, emotional and mental levels of your being thus bringing about your spiritual growth. Spiritual growth is a lifetime journey with many levels. The more you reach into yourself and explore and accept your shadow side, the more you let go of past patterns and limiting beliefs, the more you will open to your own divine being and come closer to your true soul self.

As you transform yourself with the love and guidance of Melchisadec who is helping you to let go of your past and come to love and respect

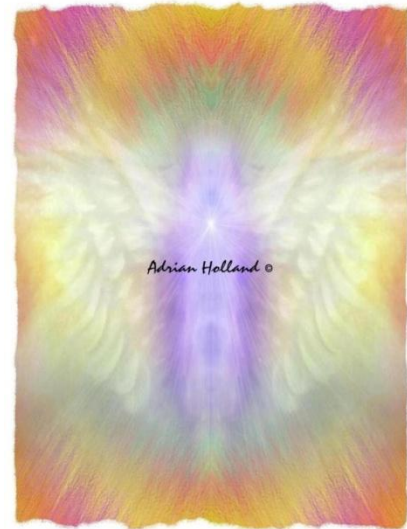
yourself more, so shall you continue your journey of spiritual enlightenment to bring you back to your connection to universal love. This is a time of surrender and gratitude.

It takes a great deal of courage to truly feel this magnitude of pain as you look deep into yourself and accept yourself in all your darkness and glory but that is the only way to be free of it.

### **Related Chakra**

Crown

### **Related emotional issues**



Depression, loss of purpose,

### **Related health issues**

All serious illness

### **Aromatherapy oils**

Frankincense, Lavender, Yang Lang,

### **Crystals**

Rainbow quartz, clear quartz, amethyst, angelite.

Archangel            L  
Fortunata            |

### **Meaning**

Abundance & Good Fortune

### **Colour**

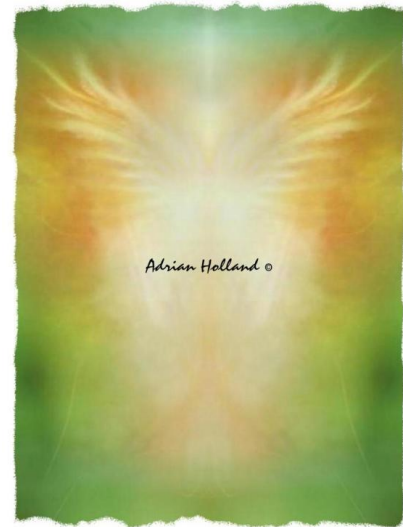
Green & Gold

### **Message**

Fortunata brings good fortune, abundance and prosperity in all things. She asks you to look at what you already have and to take pleasure and show gratitude for all you have received. To know positively that those things you have asked for are on their way to you. This is not just material wealth but health, happiness, family, friends etc. Focus on what you already have and the rest comes to you.

Fortunata knows what you need and what is for your highest good and will ensure all your needs are always provided for. Abundance lies in the balance of being able to use and enjoy what you have without fear of it vanishing or thinking your life depends on it. Let go of the material and focus on the spiritual abundance you have within your soul.

According to the law of the universe wherever you place your energy will be magnified and returned to you. Therefore, wherever you focus your energy will be what you receive and money represents one exchange of energy.



Your beliefs will also affect the energy flow. If you unconsciously believe you do not deserve something or you must struggle to get what you want these beliefs all result in blocked energy. Two people may have the same beliefs but one may feel rich in their life and their experience will be a rich and rewarding life. The other may feel a lack of satisfaction and always be wanting more. They will experience a life of poverty and not having enough.

Fortunata will help you appreciate what you have which will bring you more of what you want. The key is trust. Trust your inner guidance, trust that Fortunata and God will provide.

### **Related Chakra**

Sacrum and Solar plexus

### **Related Emotional Issues**

Low self-esteem, blocked emotions,

### **Related Health Issues**

Low energy levels, ME,

### **Aromatherapy Oils**

Orange, Grapefruit, Peppermint, Yang Lang

### **Crystals**

Green and yellow Calcite, Citrine, Quartz, Emerald, Malachite

Archangel  
Zagzagel

### **Meaning**

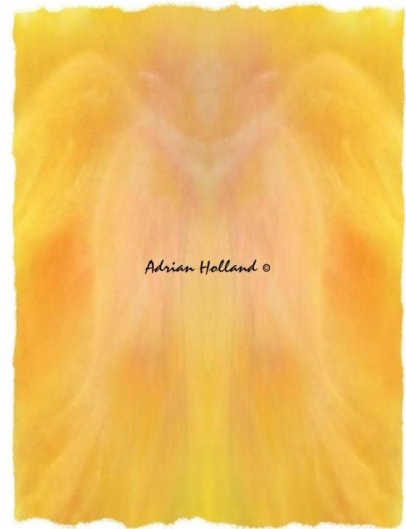
Wisdom & Compassion

### **Colour**

Gold

### **Message**

Zagzagel personifies heavenly wisdom that has been born of faith and can triumph over hardship. He is here to help you to reach your full potential. Do a complete life review for whatever you think you are not being true to the person you really are, your soul energy.



He teaches us how to listen to our inner wisdom by searching deep within for our own truth. Most of us are too busy and too worried about what others think of us to reflect on ourselves. Listening to the still quiet voice within is vital to spiritual awakening and is impossible if you are filled with judgments and fear.

You may feel unworthy and stray from your path and repeat past negative patterns. Zagzagel will assist you in overcoming your fears with his help you can reach your own wisdom and compassion and continue on your soul's life journey.

To receive wisdom, quiet your mind and your body and learn how to listen to your inner most being. Hearing sometimes comes through the mind as words, but usually comes in the form of symbols or feelings and a deep knowing. When you connect to your inner knowing you feel alive and energized. You may not always receive what you want to hear but know the inner voice of yourself and Zagzagel is leading you back to your true path, with love.

### **Related Chakra**

Crown

### **Related emotional issues**

Uncertainty, anxiety, life direction

### **Related health issues**

Depression, panic attacks, hip problems

### **Aromatherapy oils**

Patchouli, Frankincense, Myrrh

### **Crystals**

Amethyst, Turquoise, Lapis Lazuli.

### **Archangel**

**Cassiel**

### **Meaning**

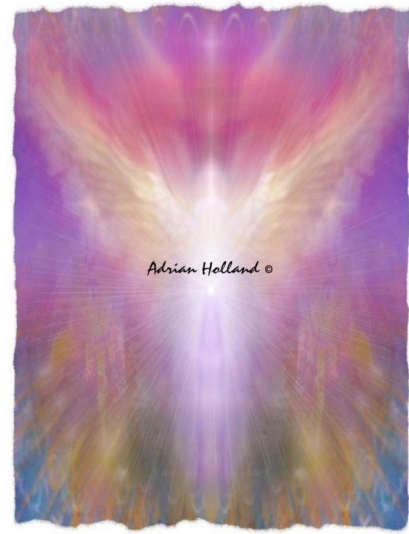
Harmony, Balance, Serenity

### **Colour**

Silver, white, bronze, pink, purple

### **Meaning**

CASSIEL is a high ranking angel who is one of the leaders of the choir of angels called the powers; he is also the angel of tears and temperance and one of the angels who has rulership over Saturday.



He brings balance for in life there is always a paradox. Light – dark, joy – sorrow, excitement – anxiety. You cannot appreciate one without the other. We would not know when we were happy if we were never sad. The two go together and we need to be able to experience the two together. The feelings in the body are very similar, it is how we chose to experience them that makes them different. A new job can be exciting and scary, Cassiel helps you keep things in perspective.

From our tears comes our ultimate joy. Cassiel brings you comfort in your dark hours and reminds you of the good times past and leads you to the good times to come. Being in harmony with yourself and your life means taking time to “be” rather than do. To find your inner centre and become one with yourself and your life.

We are all one with the creator and can tap in to the collective unconscious (as Carl Jung calls it) or connect to the cosmic web so you can send and receive love and light at all times thus bringing more love and healing to the world.

### **Related Chakra**

Balancing all chakras

### **Related emotional issues**

Mood swings, unexpressed grief

## **Related health issues**

Back pain, arthritis

## **Aromatherapy oils**

Majoram, Clary sage, neroli,

## **Crystals**

Obsidian, black/white agate, boulder opal

## **Archangel**

### **Ramaela**

## **Meaning**

Joy & Laughter

## **Colour**

Yellow & white

## **Meaning**

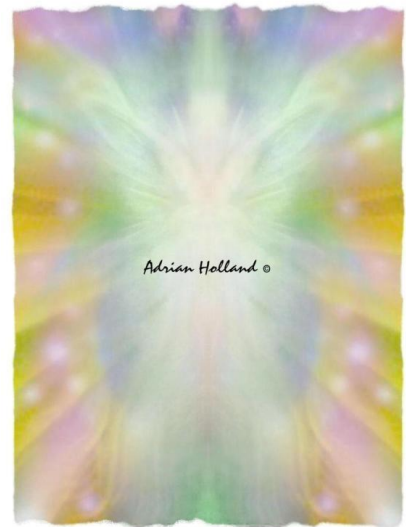
Joy is food for the soul. Your eternal self lives in joy. If you have attracted Ramaela you need to focus on the joy in your life.

She seeks to show you glimpses of your own immortal splendor. Joy is not something to be acquired. Like true happiness, lasting joy is your natural state and may only be found within yourself. To feel joy is a spontaneous gift. Catch it within yourself or your natural surroundings and share it with others through the day. Are you excited when rising in the morning with thoughts of what the new day brings or are you lacking in energy and fear your day ahead?

Ask Ramaela to help you notice the things that bring you joy so you can make more time in your life for them. Joyfulness is energizing and creative. Allow yourself to express your natural creativity in ways that bring you pleasure.

Use your imagination and transform your life into a playful arena for yourself, friends and family. Even the most mundane of tasks can be turned into something fun when asking Ramaela to help inspire your imagination and desire for fun.

You too can experience more joy in your life as you allow more of your true self to emerge. You should aim to laugh at least twice a day as laughing has a very healing affect on the body. It



releases endorphins into the bloodstream that make you feel much better.

Share joy with everyone you meet whenever possible as this will create more loving energy in the world.

### **Related Chakra**

Solar Plexus

### **Related Emotional Issues**

Dissatisfaction with life, fear of future

### **Related health issues**

Lack of energy

### **Aromatherapy oils**

Orange, citronella, rose, jasmine, gardenia

### **Crystals**

Citrine, yellow calcite, amber

**Archangel**            ↓  
**Sandolphon**        ↓

### **Meaning of Sandolphon**

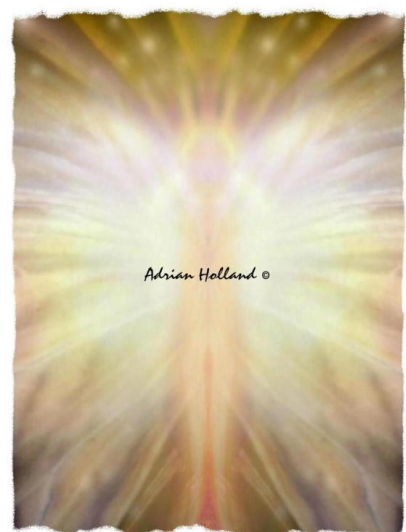
Prayer - Connection between heaven and earth

### **Colour**

Red, Brown, White

### **Message**

Archangel Sandolphon is very much connected with the earth energies, and you have chosen him to remind you of the importance of being grounded and of being in this world. He will help you to establish a secure link between heaven and earth.



Sandolphon is very aware that it is sometimes difficult to be in the physical world, yet it is an experience we have chosen and we are very privileged and blessed to be here at this important time.

Sandolphon also offers you security. Those who feel insecure will often seek security outside themselves. They think if they achieve yet another goal this will make them feel secure. Sandolphon teaches us to look within ourselves and reminds us that we are safe and secure in the presence of our angels. If you are feeling insecure at work, home, relationships etc. If you feel threatened in any way, Sandolphon will help you to develop and become secure.

He is also at the base of the tree of life, succoring and giving nourishment. He and his minions also channel universal energy into our planet to replenish the earth energy. He will help you to recognize that you are a divine being in a physical body and that this body needs to be nourished and cared for during this lifetime. You could not experience your life without your physical body. You are here to become the best you can be and to overcome the obstacles life throws your way. Sandolphon is here to help you.

### **Related Chakra**

1st Base

### **Related emotional issues**

Survival, security, support, courage, patience, material success, individuality

### **Related health issues**

Lower digestive tract, bowels, kidneys, spinal column, legs, bones

### **Aromatherapy oils**

Benzoin, Patchouli

### **Crystals**

Garnet, red calcite, red jasper, ruby, black tourmaline, obsidian, smoky quartz.



## Meaning of Metatron

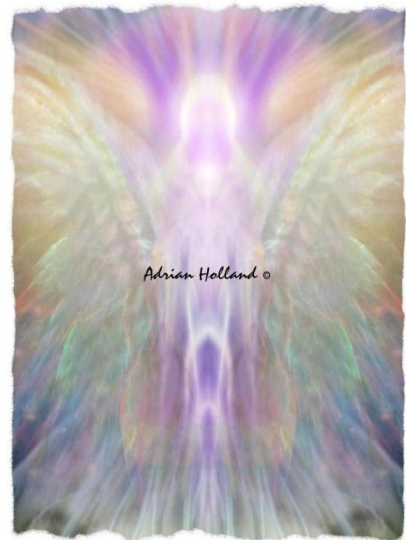
Links Humanity with the Divine

### Colour

Silver Gold Purple

### Message

Said to be the king of angels Metatron links humanity and the divine. Some say he is Enoch turned angel and now is the heavenly scribe both creator and librarian of the Akashic records. The angel of divine connection and universal harmony. Psychic Medium, Clairvoyant Gold Coast, Queensland



Metatron is architect of sacred geometry and sits with Shekinah at the top of the kabbalah tree of life. This has ten gates, known as Sephiroth which work on divine sound and colour vibrations which allow us access to different dimensions. It follows the divine energy as it flows from the creator to manifest itself in the world and our own journey's back from the materialist world to the divine creator.

The purpose of Metatron / Shekinah is to bring together the complementary energies of male and female to create a balanced universe, as we strive to balance our own internal masculine/feminine energies to create our own balanced life so we also help balance the universe

Creating a balanced life is not easy, choosing this angel suggests that in some way your life is out of balance either because you are not in tune with your spirituality or you are temporarily stationary on your journey searching for love.

Metatron will help connect you to the source and you can ask his assistance in attracting your life partner, thus helping you find happiness through true love and creating the bridge to higher self. He reminds us of the journey through the tree of life back to the divine energy within us all. He also is said to represent judgment. So we can ask him to help us let go of judging ourselves and others.

### Related Chakra

Connecting base and crown

### Crystals

Clear Quartz, Diamond, Celestite

### Aromatherapy Oils

Uplifting oils

## Related emotional issues

Integrating the whole personality physical, mental, emotional, spiritual and balancing the inner male and female energies within all of us. Becoming true to your soul.

**Archangel**      |  
**Zadkiel**         |

## Meaning of Zadkiel

Righteousness of God

**Colour**

Violet

**Message**

If you have chosen Zadkiel it may be you are being too hard on yourself or on others. Zadkiel wishes to remind you of the healing power of forgiveness. He asks you to stop punishing yourself and to release the negativity in your heart and move on.

Zadkiel is the archangel of transformation and transmutation. By choosing him you are expressing a desire to accelerate your spiritual development. Call forth Zadkiel to help you to strengthen your link with the divine. He can also help you to transmute negative energy into positive energy and to heal traumas from past lives.

Zadkiel works with the high frequency spiritual energy known as the violet flame. Connect to him if you wish to transmute dense negative energy into positive energy, purify body, mind and soul, remove energy blocks and accelerate your spiritual development, transmute negative karma and heal past lives. Transmute negative energy arising from wars etc.

Forgiveness is a great healer, without it negative energies such as anger, hatred and guilt will build up and cause health problems. Invoke Zadkiel if you are unable to forgive others or yourself, if you feel anger, hate, bitterness and resentment towards others, if you find it difficult to tolerate others, if you are unable to tolerate aspects of yourself, if you find it difficult being tactful.

Related Chakras

\* 7th Crown

Related Emotional Issues



Idealism, spiritual will, confusion, depression,  
Related Health Issues

Depression, Parkinson's epilepsy, brain disorders, senility  
Aromatherapy Oils

Cedarwood, Elemi, Frankincense, Jasmine, Linden Blossom, Neroli, Rose, Rosewood, Violet  
Leaf  
Crystals

Amethyst, Charvoite, Clear Quartz, Selenite, Amethyst Elestial  
Prayer to Archangel Zadkiel

Archangel Zadkiel, help me to forgive myself and others  
Help me to develop tolerance towards myself and others,  
Cleanse me with your violet flame and transform my negative karma.

## **Archangel Jophiel**

### **Meaning of Jophiel**

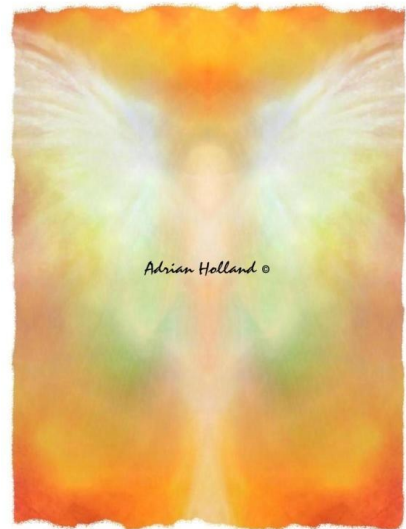
Beauty of God  
**Colour**

Yellow  
**Message**

Archangel Jophiel urges you to pay attention to any new thoughts and ideas that come into your mind in the near future. You may be uncertain about a situation or a person in your life. Jophiel is indicating to you that you will be experiencing flashes of inspiration and creativity. Perhaps you will get an idea for a book or a desire paint, or create something new. There are new projects in the wind. All will be revealed to you when the time is right.

Jophiel also brings you great joy. He wants to bring fun and laughter into your life. Do not spend all your time working, relax and enjoy the wonders of existence. Whenever you feel down and fed up, Jophiel reminds you he is here to light up your life.

Call Jophiel if you wish to experience flashes of insight and clarity, creativity and joy. Jophiel will help connect you to your inner light, laughter and the happiness in your life. You need joy and play in your life as it revitalizes and energizes you and feeds your soul.



If the sunshine has gone out of your life or if you suffer from SAD (seasonal affective disorder). You can call upon Jophiel to draw near you to help you create the life you want for yourself.

The creative power of God and the universe is what we use to create our own lives. Energy follows thought so think and focus your energy on what you want from life and ask Jophiel to assist you. He can then using the universal energy create whatever you have asked for.

Related Chakras

\* 3rd Solar Plexus

Related Emotional Issues

Personal power, confidence (over or under), low self esteem, courage, emotional stability

Related Health Issues

Upper digestive tract, (indigestion, heart burn), control of insulin, control of food intake, addictions.

Aromatherapy Oils

Benzoin, Bergamot, Black Pepper, Chamomile, Clary Sage, Cypress, Dill, Elemi, Fennel, Hyssop, Juniper, Lemon, Marjoram, Neroli, Palmarosa  
Crystals

Citrine, Sunstone, (golden), Tiger's eye, Yellow Jasper  
Prayers to Archangel Jophiel

Rid me of low self-esteem and allow me to let go of trying to control my life.  
let me find my true happiness and souls calling  
Fill me with joy and laughter to share with all.

Archangel Chamuel

## **Meaning of Chamuel**

He who sees God - Adoration

## **Colour**

Pink / Orange

## **Message**

Archangel Chamuel embodies the principle of unconditional love. He urges you to love yourself, “warts and all”, for if you are unable to love yourself you will not be able to love others. Others take you at your own value so the more you love and respect yourself the more others will love and respect you.

Chamuel asks you to look deep into your heart and release any negative emotions and lack of self worth you may be holding on to. Let go of these wounds.

He reminds you not to be possessive and clinging. Give the person you love the freedom to be who they are, try not to stifle or control them. Chamuel reminds you that pure unconditional love can lift you from the depths of sorrow. He will help you release negative emotions, let go of old wounds and move on from past relationships. He will also heal any rifts in current relationships.

Call forth Chamuel if you find it difficult to love yourself, love others, if your heart is full of negative emotions such as envy, guilt, bitterness, and lack of forgiveness. If you are depressed or in despair, if you are judgmental and cynical. If you place conditions on your love, if you experienced the breakdown of a relationship, if you cling to relationships or put conditions to your love, if you need to strengthen a parent-child bond, if you have lost someone close to you through death or separation, if you “need” to be loved.

You must heal your heart and appreciate the beauty within yourself and all things. Everyone has some beauty in their soul; seek it out in yourself and others. Increase self-fulfillment by noticing what is good in your life right now and finding more ways to express your love in life. Let beauty infuse your life and your spirit.

When you open your heart to the unconditional love of the universe you experience love and gratitude. You can invoke Chamuel to connect you to this love and to use it to overcome your fear. Fear of cruelty and pain. Chamuel is sometimes known as Haniel.



## Related Chakras

\* 4th Heart - Pink and / or Green

## Aromatherapy Oils

Bergamot, Cinnamon, Clove, Geranium, Lavender, Lime, Neroli, Rose Sandalwood

## Crystals

Adventurine, Jade, Rose Quartz, Chyrosprase, Emerald, Kunzite, Watermelon, Tourmaline

## Prayer to Archangel Chamuel

Please heal the pain within my heart, help me let go of all negativity and judgment both of myself and others. Fill my heart with unconditional love for myself and all sentient beings. Help me to strengthen my relationships with all those around me especially those nearest or most difficult.

Connect me to the power of the unconditional love of the universe to spread about the universe.

Archangel     ┆  
Uriel           ┆

## Meaning of Uriel

Light of God - Peace & Stability & Determination

## Colour

Gold / Purple

## Message

Archangel Uriel brings you the quality of peace through determination and transmutation. He is here to help you deal with your inner conflicts. He is a powerful angel and brings you the determination to transform your life.



Do you feel irritated and angry? Do you find it difficult to switch off your thoughts? Are you having trouble sleeping? Do you have volatile relationships? Uriel is here to remind you whenever you feel stressed and agitated he is here to purify your solar plexus of discord and fill you with peace and tranquility.

Uriel is associated with stress so call him forth if you are in search of inner peace and release from worry and fears. Or to bring peace to the world and end international conflicts. He is also the protector of Psychics and Magicians. Psychic Medium, Clairvoyant Gold Coast, Queensland

Uriel (in the feminine form) is also known as Ariel where he is the protector of the nature spirits and in charge of the natural world. He holds the keys to the fairy kingdoms. Uriel will help you break down the false self – the over-large ego – and lead you to your true self.

He is the angel of the north and governs the element of earth. He will also help you ground yourself if you are too much away with the angels. The stronger your connection to earth the higher you can fly.

## **Related Chakras**

- [3rd Solar Plexus](#)

## **Related Emotional Issues**

Personal power, confidence (over or under), low self esteem, courage, emotional stability

## **Related Health Issues**

Upper digestive tract, (indigestion, heart burn), control of insulin, control of food intake, addictions.

## **Aromatherapy Oils**

Benzoin, Bergamot, Black Pepper, Chamomile, Clary Sage, Cypress, Dill, Elemi, Fennel, Hyssop, Juniper, Lemon, Marjoram, Neroli, Palmarosa Sage

## **Crystals**

Citrine, Golden Sunstone, Tigers Eye, Yellow Jasper, Ametrine

Prayers to Archangel Uriel

Please Uriel release my fears and help me to find the peace within myself,  
Please bring peace to this our world  
and help me to identify and fulfill my soul 'purpose for this time.

**Archangel**        ↓  
**Raphael**        ↓

## **Meaning of Raphael**

Healing power of God

## **Colour**

Green/deep pink. Raphael exudes the colour of healing

## **Message**

Archangel Raphael is the angel of healing, science and knowledge. If he has come to you this indicates that you are a natural healer. I suspect your friends come to you with their problems, as they recognize your natural healing energy. If there is someone around you who needs healing of the body mind or spirit Raphael will assist you in helping him or her. Surround them with beautiful healing light. Raphael may also be appearing to help with a relationship, a difficult situation or health problem concerning you or a loved one so you can be reassured it will soon be healed. Do not fear, you will soon feel balanced and whole again. Raphael assists





with all forms of healing – orthodox and complementary medicine alike. He will help to heal body, mind and spirit. Ask for his help if you or someone you love is ill, thinking of becoming a healer, searching for a cure, or if you are in pain whether physical, emotional, mental or spiritual. He helps with healing all wounds, past present and future. Raphael also oversees science and knowledge as well as healing and enables us to develop a full understanding of our own powers of recovery.

This angel suggests you have natural healing powers which you should develop in whichever sphere you choose, complimentary therapies, main stream medicine, counseling, psychotherapy, etc. but first you will need to concentrate on yourself and do some self-healing. Identify and letting go of your own issues will allow you to channel more energy for others. Your energy must be constantly rebalanced to maintain good physical, emotional, mental and spiritual health. Connect to the universal life force energy of unconditional love and Raphael will assist you by channeling this energy to facilitate your own and others healing. He is angel of the east and governs the element of air.

## **Related Chakras**

- [4th Heart](#) - Solar plexus

## **Aromatherapy Oils**

Benzoin, Bergamot, Cinnamon, Clove, Geranium, Lavender, Lime Grapefruit, Mandarin, Neroli, Palmarosa, Rose, Sandalwood

## **Crystals**

Adventurine, Chyrophrase, Emerald, Jade, Kunzite, Rose quartz

## **Prayer to Archangel Raphael**

Raphael please heal the wounds of my past  
allow me to let go of my physical emotional mental pain

heal my relationships both now and in past lives  
I surrender myself to your healing energy both for myself and others.