

## 'The Angel Lady'

*By: Jacky Newcomb*

About the author Jacky Newcomb aka 'The Angel Lady'

Jacky Newcomb is the best selling author of 'An Angel Treasury' , 'A Little Angel Love' and 'An Angel Saved My Life' (published by Harper Element). Jacky has quickly become known as one of the UK's leading angel and paranormal experts and has several more books coming out over the next year. Her books are sold all over the world and translated into several languages.

She has made many radio and television appearances (including This Morning, The Lorraine Kelly Show, Psychic Live, Most Haunted Live etc), and is regularly interviewed in the National Press (Metro, News of the World, Daily Mail etc). She is the 'Dear Angel Lady' columnist for CHAT ITS FATE magazine, and has appeared in and written for hundreds of other magazines around the world (Woman's Own, Spirit & Destiny, Fate & Fortune, My Weekly, Prediction, Rainbow News, Your Destiny etc).

Jacky lives in a small village in England, UK with her family (her husband, two daughters and two adorable cats.)

For more information about Jacky and her work, or to contact Jacky please visit her website: [www.jackynewcomb.co.uk](http://www.jackynewcomb.co.uk)

Frequently asked questions about your guardian angels  
By Jacky Newcomb

Angels are of great interest at this time in history. I receive hundreds of letters and e-mails every month from people who want to learn more about their own guardians and guides. It's no longer embarrassing to talk about your angels with your work colleagues with celebrities and pop stars happy to chat about their own beliefs! Angel tattoos are quite the fashion with the stars. I'd even go so far as to suggest that 'working with your guardian angel' is in!

Of course the subject of angels is as vast as these beings themselves but here are a few basics to start you off. These questions are those most frequently asked from the readers of my columns and visitors to my website;

Q. Who is my angel?

A. We each have our own spirit guides who are with us from birth. Often when people talk about their guardian angel they mean their spirit guide. We also have angels who are responsible for assisting humankind and they work with us as well.

Q. What is the difference between an angel and a spirit guide?

A. Angels have never lived in a human body and are beings of pure light. They are very powerful and have many talents with which to help us.

Spirit guides have lived at least one human life themselves and usually many lives. They are more advanced spiritually than we are ourselves and agree to stay with us throughout our lives to assist us on our chosen path. They have a better understanding of the problems faced as a human being.

Q. What is my angel's name?

A. Again, many people want to know the name of their own spiritual guide when they say angel. Angels are given names by humans but in their own reality these names mean little. Angels are known by their vibration and qualities and this does not really translate into a name we can pronounce as such. There are many thousands of angel names (see my book 'An Angel Treasury' for a specific list) but angels are happy for us to make up a name which suits us and to use that.

Spirit guides (having previously been human) are more used to names and may give you a name from their last, or any previous incarnation or their name in spirit (we each have a name we are known by when we reside in the spirit world between lives which is nothing to do with the name we are currently known by).

You can ask for your spirit guide name to be given to you in meditation, in your dreams (you may hear a name as you wake up) or just literally ask in your head right now and see if a name comes to you. Again, like with angels, our spirit guides are happy if we change a name to one which feels right to us. Pick a name you like or one which you feel best fits your personality.

Q. My Angel is a well known archangel, is that right?

A. As above. Go with the name which is given to you or one which feels right. That is fine.

Q. My angels sometimes suggest I do things which do not feel right to me. What should I do?

A. Our angels and guides are just there to offer support and suggestions. Their role is to work with our best interests so if you are hearing negative things this is NOT your angels and guides. Always use your own feelings and thoughts as your best guide to what to do and where to go in your life. We have to remain in control at all times so never hand over your will to any spirits if their message does not feel right.

Q. If I have angels and guides, then why don't they help me more? How come I don't see them?

A. We are born with free will and our lives are our lives to live. Angels and guides do not remove the challenges in life which we have placed in our path to learn and grow. Instead they help us to work with these challenges and stand cheering on the sidelines when we succeed.

Angels and guides do not talk to us in words but communicate telepathically (in the language of spirit), they send us messages as ideas and inspiration. You will know they are around by the differences they make in your life. Ask your angels for help and show them what you need to succeed. Take a step in the right direction and angels will hold your hand along that difficult path.

Go out in your life and work for what you want. Ask your angels and guides for their help along the way - it is their greatest pleasure to assist!

Q. How can I get my angels and guides to show they are around?

A. Normally they don't do this (It would be much too scary for us and is difficult for them to do). Some times angels will leave white feathers or coins (and other similar signs) if you ask them to. Your angel may decide on another sign so watch out for something subtle (a lottery win, a diamond necklace or paying the bill for your take-away are not really their style!)

Q. How can I get more information about angels and guides?

A. Visit your library or local book shop for a wide range of different angel books and authors. Of course I would be happy to advise you on my own books or answer any questions you might have, and you can drop me an e-mail via my website ([www.jackynewcomb.co.uk](http://www.jackynewcomb.co.uk)).

Maybe you would consider attending an angel talk or workshop. If you have difficulty finding something suitable in your area, then I have also created an 'Angel Workshop' CD which might help you. I have pages of free angel information, angel pictures and angel stories on my website too and you would be most welcome to come and browse around my website.