

Working with Clairvoyance

Everyone has psychic abilities. When we first experience them, though, we may wonder whether or not what we are experiencing is real. We may even believe something is wrong! The truth is, every day, we're utilizing our sixth sense and may not even know it.

When we are first introduced to our sixth sense, it's very much like wading into the deep end, a little at a time. Without this process, we would be easily overwhelmed.

Usually, the first experiences we have are at home. We may have dreams and telepathic experiences with people closest to us, like a spouse, child or parent, that we simply can't explain away. We may have De ja vu (the feeling of already having been a certain place) or even precognition (seeing an event before it transpires).

As we advance, we may get clips and glimpses, like dreaming of a purple elephant and seeing one on TV, developing later on to more relevant information like news headlines, and seeing them happen. Sensitivity around certain people and crowds and [clairsentience](#) and [clairaudience](#).

Consider your mind like you would a steering wheel of a car. When we visualize what it is we are working with, it can speed along the development of control. As we gain more and more, when it comes to actively retrieving information, our experiences will feel very much like being inside the center of a doughnut. To the left (mentally) you may experience the past, the right future, straight ahead, current situations and so on.

Where the doorways and channels might have been barely noticeable before, as we begin actively working with them, they will develop much like a muscle being exercised. To the spirit world, however, they will be seen as being more and more brightly lit, "like a bulb."

Just like anything, remember there will always be a free and personal will on our part, for boundaries. Never are we at the mercy of our gifts. Simply putting an assertive directive thought, such as "out to lunch-leave me alone" or "open for business" can help, dramatically, diffuse anything our imaginations may otherwise run wild with. Psychic Medium, Clairvoyant Gold Coast, Queensland

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