

Working With the Sixth Sense

Most everyone enjoys a good ghost story but when experiences of our own begin revealing more than what we are comfortable with, fitting them into the world as we understand it can be difficult.

Outside of thriller movies and TV series, psychic abilities are far less fearsome than they are portrayed to be. More often than not they are going to be dealing with our sense of reality, loss of control, past perceptions or the way we may have chosen to live life before our abilities caught our attention.

Although some of us are going to notice them more, throughout the day people would be surprised at just how often and natural some form of their psychic abilities *are* used.

Many people who have noticed sensitivity at an early age may have found growing up an overwhelming sense of an outsider looking in. They may very well have felt something was wrong with them religiously, mentally or even physically and tried to do something about it.

If it is our children who are demonstrating abilities such as telepathy or precognition we may initially be tempted to rush them to the nearest psychologist or protect them. However, children are much more resilient than we are and more apt to be comfortable with their abilities than adults. If your child comes to you with his or her experiences, try not to encourage embellishment and listen with an empathetic ear.

One of the worst things we can do is push the matter before we are ready. It can take years of experience before we can answer with confidence any one of the questions that arise regarding our abilities or anyone else's for that matter.

Reading selective materials can be beneficial but remember opinions and enlightenment are as independent as the people holding such. Networking and as well as listening to others share their own experiences may be more beneficial as it will be healing knowing we are not alone and may find just the opposite in conversation.

Perspective of our own views comes first and remember no amount of money will make this happen any faster. Choose wisely before investing in a teacher.

In the end, should we find life taking unexpected twists and turns, it is important to understand that they are never a punishment! They are usually paths forcing us in directions we might not have otherwise taken. Psychic Medium, Clairvoyant Gold Coast, Queensland

The day will come when psychic abilities will be deemed not only a perfectly natural state of being but useful and linked specifically to brain activity (you know, that extra 90% of excess gray matter we "don't" quite understand yet).

In respect to knowlege we truly do retain, it will always be the experiences we invest our time and energy in that make all the difference in the world to ourselves and the confidence we gain in sharing it with others.

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